



Sally Rose Stempler is a Massachusetts native with a penchant for musical adventures. According to her mother she's been singing ever since she could articulate her desire to listen to "Spanish rock & roll" (Santana) at the age of 2. Her singing and songwriting pull from funk, R&B, soul, jazz and all the nooks and crannies in between, although she truly enjoys performing and adapting to any genre.

After years of classical study and 2 years directing and arranging for collegiate a cappella, she found her passion in performance, and especially in background vocals. Soon after her undergrad at Indiana University, she began a degree in songwriting at Berklee College of Music in Boston where she truly began to hone in her songwriting skills and develop her voice as a solo artist. Through her education in Berklee's songwriting and lyric writing curriculum.

Since then, she has continued to tour throughout the country and New England with national touring acts and local bands alike, arranging, singing background vocals and playing percussion. With the drive and determination to surround herself with and create music that resonates and uplifts, she is excited to continue exploring her passions no matter where they may lead.

What People Are Saying

"Sally is highly capable as a bandleader, band member, artist, and session vocalist. She is able to combine her innate musical abilities with a deep technical knowledge of her instrument to create truly special performances. She has a strong work ethic and comes to sessions well prepared, but is also able to improvise and create new ideas with fluidity. Most importantly however, Sally understands the often-overlooked interpersonal dynamics of musical collaboration. She immediately puts others around her at ease, allowing them to feel comfortable and create their best work."

- Geoff Ong, Songwriter, Performer, Producer

"Her songs are infectious - she writes accessible classic soul bass lines with vocal melodies that make you melt. Her natural talent and grace as a performer/musician is astounding." – Sarah Brindell, Associate Professor, Songwriting Department, Berklee College of Music

"Working with Sally is and has always been a huge pleasure. Not only am I constantly inspired by her extremely dedicated work ethic and overwhelming ability, but her optimism and enthusiasm for music bring life to every performance. In the studio and on the stage, Sally represents everything the modern-day, professional musician should be."

– Aubrey Haddard, Solo Artist

Notable Performances

With Jesse Colin Young
South By Southwest, Austin, TX
Yoshi's, Oakland, CA
Fox Theatre, Tucson, AZ
Bethesda Blues & Jazz, MD
Key West Theater, Key West, FL
Aladdin Theatre, Portland, OR
Great South Bay Music Festival, NY

With The New Review
Brighton Music Hall, Boston, MA
Nectars, Burlington, VT
Infinity Music Hall, Norfolk, CT
Rockwood Music Hall, NYC
The Knitting Factory, Brooklyn

With Mighty Mystic
Paradise Rock Club, Boston, MA
Ocean Splash Festival, Providence, RI